Ashley Judd finds new TV role in Missing Metro looks at five new shows on the spring schedule PACE 12





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On the right track

Guest conductor.

Autistic Grade 10 Strathcona High School student given tour of LRT garage Peering through the window into the driver's cab on the LRT, 17-year-old Ryan Wolfert proudly announced three stops remained.

"Coliseum, Belvedere and Clareview," said the autistic teenager, en route with his father, Rob, to the D.L. Mac-Donald Yard with Edmonton Transit System officials.

A tour of the LRT garage was organized for Friday morning after Rob called the city to explain how much the transit system meant to his son.

"He's always had that fascination," said Rob. "Now it's become this huge passion. He'll just hop on the LRT or the bus to go for a ride."

Less than two years ago, Rob and his wife, Wendy, began to let their son take transit by himself

"It has offered him a new level of independence ... that frankly two years ago we didn't think he would have," said Rob. At the garage, the pair learned about LRT maintenance and operation — much of which Ryan already knew, which impressed ETS service foreman Sid Eriavaz.

"It's nice to see that people enjoy our system," Eriavaz said. "I'm very happy for him."

Reminder: Don't be that guy

Campaign takes aim at booze-fuelled sex assaults PAGE 3

Could global warning spell the end of outdoor hockey?

New U.K. study says global warming threatens Canada's favourite pastime PAGE 4

Train Wreck

Polish officials defend rail safety after deadly crash PAGE 6

Funny kid videos that may have been staged

They're good for a laugh, they may even go viral, but experts say falsifying a YouTube clip may harm a child PAGE 15

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No smoking zone

Bylaw for butting out around kids up for discussion

There will be no ifs, ands or butts when it comes to lighting up around kids.

New rules up for debate at a council committee meeting Monday mean no smoking near playgrounds, spray parks, skate parks and sports fields.

Coun. Amarjeet Sohi made the initial inquiry one year ago.

The proposed bylaw includes a \$250 fine for smoking within 10-metres of outdoor areas frequented by children and youth as of

April 1. "I think having a 10-metre parameter ... it's a step that we are taking in the right direction," said Sohi.

A three-year \$75,000 educational campaign is also proposed.

Coun. Kerry Diotte has spoken against the bylaw, stating last September when city council voted to develop it, "We've got bigger things to worry

Should the committee vote yes, city council would have to do the same next week.

More than 71 Canadian municipalities have adopted similar bylaws

The new rules would add to current rules prohibiting smoking within five metres of the doors of a building, which Edmonton had in place prior to it being made provincial law.

HEATHER MCINTYRE

\$1-million repair job. Receiver appointed to take over Leduc condos

A receiver was appointed Friday to fix the Bellavera Green

condo complex in Leduc. Ayre and Oxford has taken over the building and will begin making repairs, which could total \$1 million.

Evacuation notices were handed out to the approximately 150 residents living in Phase 1 of the development, citing "critical life-safety concerns

Condo board layer Jeremy



Hockin said there has been an appeal filed against the March 31 evacuation, metro

Warrant execution launches. Operation off to a successful start

Following the launch of Operation Warrant Execution on Feb. 28, the Edmonton Police Service rounded up 300 warrants by

In total, 110 arrests were

made, EPS said Friday. Under OWE, citizens have until April 2 to turn themselves in and deal with their warrants, otherwise EPS may display and advertise their names and **Claim to infamy**

Of the 300 warrants executed, one man had 36 on his own, one involving violence.

faces publicly, or visit their home or workplace.

On metronews.ca

NHLstars add their voices to movement fighting homophobia

Reminder coming: Don't be that guy

Alcohol-fuelled sexual assault. Police focusing on problem in 2012; bystanders will also be targets of new poster campaign

With booze-fuelled sex assaults on the rise, an Edmonton organization is gearing up to send a second message.

Another series of "Don't Be That Guy" posters is in the works, aimed at men between the ages of 18 and 24 taking advantage of intoxicated women.

"It will be different words, different images," said Karen Smith, executive director of the Sexual Assault Centre of Edmonton.

The campaign first launched in November 2010 and garnered worldwide attention.

According to an Edmonton Police Commission report released last month, there was a 12 per cent increase in alcohol-facilitated sexual assaults reported last year when com-

The Sexual Assault Voices of Edmonton is a collaboration between the Sexual Assault Centre of Edmonton, EPS, University of Alberta Sexual Assault Centre, Saffron Centre of Sherwood Park, Prostitution Awareness and Action Foundation, Covenant Health Prevention of Alcohol Related Trauma in Youth. Responsible Hospitality Edmonton, Red Cross, and U of A Women's Studies.

pared with 2010.

In total, 59 per cent of files investigated in 2011 involved

liquor.
"We're looking at it as a positive thing because if you think about sexual assaults, the national statistics say one in 10 are reported to law enforcement," said Smith.

The new posters, which should be ready in time for the 2012 holiday season, will also target bystanders, said Smith. **HEATHER MCINTYRE**





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metronews.ca Monday, March 5, 2012 metr⊕

Outdoor hockey may be history

Global Warming.

Since 1950, Canada's winter temperatures have increased by more than 2.5 C, says U.K. study

Canada's favourite pastime is on its way to being an indooronly sport in some areas of the country, a new study warns.

The study, released Mon-day by United Kingdom-based IOP Publishing, says outdoor ice hockey in Canada is being threatened by climate change.

Lawrence Mysak, co-author of the report and a professor at McGill University in Montreal, said warmer winter temperatures caused by climate change are restricting the operation of ice rinks.

"We were able to see that in general, the rinks were being opened later and later over the last ... 50 years, and secondly that the length of the season has also shortened by ... one or two, sometimes three weeks,' said Mysak.

Mysak fears the gradual warming of the earth could eventually cause outdoor hock-

"If we extend the trends into the future, there could be no outdoor skating with global warming taking place."

Lawrence Mysak, McGill University

ey to perish in several decades.

Regions that are being hit the hardest are the Prairies, southeastern British Columbia and southern Ontario and Ouebec. The Maritimes and northern parts of the country did not see significant changes, he said.

"It's hard to imagine parts of the country that currently do enjoy outdoor skating not being able to do that at some point in the future," said Damon Matthews, co-author of the report and a professor at Concordia University in Montreal. "Outdoor skating, particularly hockey, is synonymous with Canadian culture. I think there's big cultural ramification to this as well."

Mysak said the study began as a 2011 thesis by McGill masters student Nikolay Damyanov. THE CANADIAN PRESS

Investigation. CSIS persists on work visits

Reenactors relive battle history

Canada's spy agency considers surprise workplace visits to be a "legitimate investigative strategy" despite persistent public concerns about the practice, a newly disclosed policy memo

The memo surfaced recently related to a complaint lodged by an Ottawa woman who took exception to being visited by Canadian Security Intelligence Service officers at her office.

The previously secret document shows that CSIS makes it a point to suddenly turn up at people's offices in order to intimidate them, said Paul Champ, the woman's lawyer.

CSIS personnel are trained and expected to be professional, courteous, respectful and discreet to the fullest extent possible, said Tahera Mufti, spokeswoman for the spy service. "We talk to many Canadians ... and by far these conversations are generally very cordial and frankly benign." THE CANADIAN PRESS

Accident. Slab crashes at Montreal stadium

structure has been weakened.

A security guard spotted the fallen slab — measuring eight by 12 metres — shortly after 3 p.m. and alerted emergency of-

The incident at the old

home of the Montreal Expos is the latest sign of the city's crumbling infrastructure. It comes two weeks before the Montreal Impact was scheduled to play its first Major League Soccer game at the stadium. Stadium officials say they

are investigating the incident.

Last fall, the Quebec government invited residents to come up with proposals for what to do with the seldomused, billion-dollar stadium. THE CANADIAN PRESS

Researchers looked at 140 weather stations in Canada to calculate the annual start date and length of skating season.

• Winter Months. The study

looked at temperatures in January and February

Length Decrease. It found that many regions had less time for outdoor skating.

Marvin Recker, 74, a great-grandson of William Caldwell, who fought in the Battle of Longwoods, fires his weapon yesterday during an anniversary

ceremony at the battle site near Wardsville, Ont. The battle during the War of 1812 occurred on March 4, 1813. DAVE CHIDLEY/THE CANADIAN PRESS

A giant concrete block fell today from the ceiling of an underground parking facility in Montreal's Olympic Stadium.

The city's fire department says no one was injured but they are concerned there could be more problems now that the



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metronews.ca Monday, March 5, 2012

Putin wins Russia's presidential election

Politics. Independent observers allege fraud in nationwide vote

Vladimir Putin claimed victory in Russia's presidential election before tens of thousands of cheering supporters Sunday, even as the opposition and independent observers insisted the vote had been marred by widespread fraud.

At a massive rally just outside the Kremlin, Putin thanked his supporters for helping foil plots aimed at destroying Russia, sounding a nationalistic theme that has resonated with the prime minister's core supporters amid a wave of unprecedented protests.

"I have promised that we would win and we have won!" he shouted to the crowd, which responded with shouts of support. He said the vote showed the majority of Russians have rejected "political provocations" by his opponents



aimed at "destroying Russia's statehood and usurping power."

Putin tallied 58-59 per cent of the vote, according to exit polls cited by state television. Communist Party candidate Gennady Zyuganov received about 18 per cent, according to the surveys, and the others — nationalist Vladimir Zhirinovsky, socialist Sergei Mironov and billionaire Mikhail Prokhorov — were in single digits.

Official vote results from the far eastern regions and Siberia where the count was already completed seemed to confirm the poll data. With about 60 per cent of all precincts counted, Putin was leading the field with 65 per cent of the vote, the Central Election Commission said.

If thousands of claims of violations made by independent observers and Putin's foes are confirmed, they would undermine the legitimacy of his victory and fuel further protests by Russians exasperated with corruption, rising social inequality and tight controls over political life. THE ASSOCIATED PRESS



Deaths mount in train crash

An aerial view taken from a paraglider shows the site of a train crash near the town of Szczekociny, southern Poland Sunday. Two trains collided head-on in southern Poland late Saturday, killing more than a dozen people and injuring more than 50.

GRZEGORZ MISIAK/THE ASSOCIATED PRESS

Explosion

Congo arms blast kills hundreds

Buildings collapsed in the Congolese capital after an arms depot exploded Sunday, killing at least 206 people and entombing countless others including inside a church where dozens were attending mass, officials and witnesses said. A morgue in Brazzaville took in 136 bodies Sunday, as more continued to arrive.

THE ASSOCIATED PRESS

Kim Jong Un

N. Korea leader orders troops on high alert

North Korean leader Kim Jong Un visited the heavily armed border with rival South Korea and ordered troops to be on high alert, state media reported Sunday, just days after Washington and Pyongyang agreed to a nuclear deal after years of deadlock. THE ASSOCIATED PRESS





metronews.ca Monday, March 5, 2012 metr⊕ **BUSINESS**



DOW JONES 12,977.57 (-2.73)

NASDAG 2,976.19 (-12.78)

1,369.63 (-4.76)

12,643.82 (-79.64)

Dollar: \$101.15 US (-\$0.28) **Oil:** \$106.70 US (-\$2.14) **Gold:** \$1,709.80 US (-\$12.40) Natural Gas (per 1.000 cubic feet):

Enbridge pipeline crash.

Two men killed, three others injured

Enbridge Inc. has shut down a pipeline that carries oil from Canada to the U.S. after two vehicles crashed through a fence outside Chicago and struck the pipeline, causing a

fiery explosion.
Police in New Lenox, Ill., say two men were killed and three others were injured in the Saturday crash.

Enbridge spokeswoman Lorraine Little said the pipeline was shut down immediately when sensors detected a drop in pressure. A second, undam-

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aged line was also shut down as a precaution.

Both lines carry crude oil from Enbridge's facility in Superior, Wis., to a terminal in Griffith, Ind.

Little said the undamaged line has reopened but Line 14 remains closed, and she said it likely won't be restarted until

The line is 60 centimetres wide and carries various grades of crude from Canada, as well as oil from North Dakota. It normally transports 317,000 barrels per day.

New Lenox police Chief Bob Sterba called the crash "horrible, horrible, "Sterba said the five men involved in the crash were in their 20s and all from New Lenox.

New Lenox Mayor Tom Balderman said crews were quickly able to seal an oil leak.

Officials said there should be no environmental impact and there is no danger to the

THE CANADIAN PRESS

March 15th

Social-media site trumps.

A stumble-upon success tailoring links to users

StumbleUpon may not have the same household-name cachet as Air Canada, Canadian Tire, Costco or Sears, but online the Canadian-born social-media site trumps them all.

According to Alexa.com, StumbleUpon ranks just inside the top 100 most-visited websites in Canada and the U.S. ahead of all those huge brands and big names, including Face-

Not bad for a website that got its start in a Calgary dorm room about a decade ago, and has gradually been built into one of the biggest traffic drivers on the Internet today.
Users of StumbleUpon — of

which there are now more than 20 million — are fed random web links based on the list of interests they specify, such as beauty, fashion, literature, nutrition, pets and photos. Users can give a thumbs-up or -down to pages they "stumble upon," which helps the website build a personalized taste profile.

"The vision was: how do you

content with very little effort? said co-founder Garrett Camp, 33. "Up until about a year ago we were pretty under the radar ... but I think that's changing."

But Camp isn't content with the site's success thus far and is eveing exponential growth.

"I feel like we could be 10 times the size we are now," he said after listing off a number of features that he hopes will propel StumbleUpon to another level.

Currently, StumbleUpon only caters to English-speaking audiences, but that's expected to change sometime this year to help fuel international expansion.

One of the most talkedabout parts of StumbleUpon's history is how Camp sold the company to eBay for \$75 million US in 2007 but then bought it back two years later - reportedly for less than what he sold it for — when it was clear that it wasn't a good fit.

THE CANADIAN PRESS











Environment

Conservatives scrap charity agreement

The Conservative government cancelled an agreement with a charity that supports environmental causes eight months after energy firm Enbridge Inc. lobbied against the deal, The Canadian Press has learned.

The federal Fisheries Department said last September it would no longer use an \$8.3-million grant from the Gordon and Betty Moore Foundation, a U.S.-based environmental trust. The foundation donated the money through charity Tides Canada, which was to distribute the funds with federal oversight to support a departmental marine-planning initiative. THE CANADIAN PRESS

Bank policy

Budget promises finally met

The Conservatives are making good on a two-year-old budget promise by ensuring banks can't

hold personal cheques for more than four business days before freeing up funds. The change which affects cheques under \$1,500 was announced on Sunday by junior finance minister Ted Menzies. He announced several other consumer-friendly changes that were promised as far back as the 2010.

The changes ensure that cheques worth less than \$100 must be cashed immediately in person or the following day if deposited in a bank machine. THE CANADIAN PRESS

Oil spill

BP reaches victim settlement

A settlement that BP is hammering out with victims of the massive Gulf oil spill finally provides a system for monitoring health concerns and compensating people whose illnesses are found to have

a link to the disaster. Under the settlement, the British oil giant said it expects to pay out \$7.8 billion to settle a wide range of claims that also include property damage, lost wages and losses to businesses.

THE ASSOCIATED PRESS

Auto industry. Europe's car market is too saturated: Analyst



A representative of the Honda booth works next to a car prior to the opening of the 82nd Geneva International Motor Show in Switzerland on Saturday. The Motor Show will open its gates to the public from March 8 to March 18, presenting more than 260 exhibitors and more than 180 world and European

As automakers prepare to roll out new models this week at the Geneva Auto Show - one of the major events in the automotive calendar — they are being forced to fight for a slice of an ever-shrinking European market stricken with austerity and recession.

Industry executives have estimated that Europe's car industry has the production capacity to build 20 per cent more vehicles than they are able to sell. Renault and Ford Europe are losing money in Europe — even when sales in emerging economies such as China help keep the compan-

ies in the black. Cars sales in Europe this year are forecast to decline by nearly 5 per cent to 12.9 million units, according to the Center for Automotive Research - down from 15.7 million in 2000. Gaining a competitive edge with new models and updated technologies may be part of the cure. But the tougher medicine will mean taking an axe to European factories.

"There are too many cars,

and too many brands making similar cars. There is going to be lots of consolidation in the European market," said analyst Tim Ùrguhart.

THE ASSOCIATED PRESS

VOICES

PROPOSED SMOKING BYLAW TOUGH TO INHALE



I'm not a fan of any kind of legislation that intrudes into the way you or I choose to live our lives unless it can be shown that the behaviours we want to engage in present a real risk to

the health and safety of others. Speeding in school zones, driving while intoxicated and selling drugs that will kill those that use them are some kinds of necessary legislation that come to mind.

Only a moron would argue that laws that address those kinds of things are unnecessary. I would like to think that sobriquet does not apply to me

Butt out

kind of scientific study that has documented the risks of second-hand fined. smoke in an outdoor environment?

That being said, let's look at the proposed smoking bylaw the city council is considering. The bylaw would mandate that Can you point me to any anyone caught smoking within 10 metres of a playground, outdoor rink, skate park, sports field or water park would be

Apparently, city council thinks that this is such a pressing issue it should spend time considering it.

Let me ask those of you who are non-smokers, about 75 per cent of us, is this very high on your list of city priorities?

I don't spend much time in playgrounds, outdoor rinks, sports fields and water parks, so maybe there is a serious problem of which I have heretofore been unaware.

Those who come up with bylaw ideas seem to think there is. Well, if you want to ban smoking in public places go

Oh, I forgot, we have already banned smoking in public

You can't smoke in restaurants, workplaces and arenas. The only places one can smoke with abandon are in one's own home and on the street.

But it looks like smoking outdoors is next on the hit list of those who purport to know what is best for all and

sundry. What is one of the reasons they come up with?

Apparently, they want to prevent the health-related risks of second-hand smoke especially for children.

Quick now. Can you point me to any kind of scientific study that has documented the risks of second-hand smoke in an outdoor environment? If there is one, I would like to

Perhaps that invisible study also documents the risks of smoke from fire pits and barbeques. Surely those kinds of smoke can't be good for you either.

Show me some evidence-based research and I will support what is otherwise a ludicrous attempt at social engin-

Weird news. You stole my heart, literally

Somewhere in Ireland, a burglar has the heart of a saint.

Officials at Christ Church Cathedral in Dublin said Sunday they're distraught and perplexed over the theft of the church's most precious relic: the preserved heart of St. Laurence O'Toole, patron saint of Dublin.

O'Toole's heart had been displayed in the cathedral since the 13th century. It was stored in a heart-shaped wooden box and secured in a small, square iron cage on the wall of a chapel dedicated to his memory.

On Saturday someone cut through two bars, pried the cage loose and made off with the relic.

"I am devastated that one of the treasured artifacts of the cathedral is stolen, said Rev. Dermot Dunne, the cathedral's dean. "It has no economic value but it is a priceless treasure that links our present foundation with its founding father.'

Ireland's churches have suffered a spate of such robberies of irreplaceable, but also hard to sell, religious artifacts. THE ASSOCIATED PRESS

Move aside, American Idols



FLORIDA KEYS NEWS BUREAU/THE ASSOCIATED PRESS

Key West

Catch your breath for Conch Shell **Blowing Contest**

Claire Hurd blows a decorated conch shell during the 50th Annual Conch Shell Blowing Contest in Key West, Fla.

Smith and more than 50 other contestants were judged at the event that took place on Saturday. THE ASSOCIATED PRESS

Tooting your own horn

"I'm all about preserving the heritage of my home town. This is just one small piece that I get to contribute to helping preserve that history.

Clinton Curry, 38

A seventh-generation Key Wester, who first blew a conch shell as a child, and took top honours at this year's festival

- The event drew more than 50 entrants, ranging from young children to seniors, who were judged on quality, novelty, duration and
- The contest was conceived by the Old Island Restoration Foundation, founded in 1960 to advocate the preservation of Key West's culture as well as historically significant buildings.

Tradition

It's called the **Conch Republic**

The fluted, pink-lined conch shell has been blown in Key West since the early 1800s, when seafaring settlers used it as a signaling device. Native-born islanders like Curry are commonly called Conchs, and the Florida Keys are known as the Conch Republic. THE ASSOCIATED PRESS

Launching the BEST program helps students be students

News Worth Sharing

Media will always have to report on the tough stuff. But we know that Canada is full of compassionate individuals, inspiring projects and stories worth celebrating. Here's just

This is the best news we've heard in a while.

Students at Hinton's Crescent Valley Elementary School are becoming the BEST they can be, with the help of success coach Carly Schwirtz and the Bringing Empowered Students Together (BEST) program, a province-wide Mental Health Capacity Building initiative led by Alberta Health Services, Addiction and Mental Health.

The school's kindergarten to Grade 7 students are learning about self-esteem, friendship, dealing with loss, empathy and improving their communication skills

The program aims to remove some of the stigma around mental health and hopes to soon introduce a mentorship program between high school and elementary students.

Let's hope the BEST eps getting better. CRAIG AND MARC KIELBURGER

E-mail us for more information and to get involved. Help the good news get around. Send your stories of local heroes and positive action to goodnews@ metowe.com and we'll share them right here.







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Box office

- **1**Dr. Seuss' The Lorax, \$70.7 million
- 2Project X, \$20.8 million
- 3Act of Valor, \$13.7 million
- Safe House.
- Tyler Perry's Good Deeds, \$7 million



AMBER RAY, METRO WORLD NEWS

It's time for the networks to do a little spring cleaning on their prime-time lineups. Metro takes a look at five new shows to find what's in season and what's out of date.



Ashley Judd stars in Missing / HANDOUT

Missing: March 15, CTV

The plot: A former CIA agent tears through Europe in search of her son, whom she suspects has been abducted.

Smells like: Taken, with Ashley Judd in the Liam Neeson role.

Remember that scene in Taken? "I don't know who you are. But if you don't let my daughter go, I will find you. I will kill you," Neeson says. To what lengths is Judd's character willing to go in Missing?

"In a flashback, you see my husband and me working as CIA operatives together, and we are faced with some really wrenching moral dilemmas," Judd says. "[Now the question is, 'Will] I potentially set aside my values and integrity in order to accomplish what seems to be a more precious goal, which is save my child?"

shows for spring



A scene from Magic City

Magic City: April 6, Starz

The plot: In late-1950s Miami, the swanky Miramar Playa Hotel plays host to everyone from Frank Sinatra to the CIA as Castro's army rises in Cuba. The series follows the drama surrounding the family (headed by Jeffrey Dean Morgan) that runs the resort.

Smells like: Mad Men with gangsters.

Magic City creator Mitch Glazer grew up in Miami Beach and says he's been "squirreling away" stories from this era to write into a show. "The cool thing

was, besides the beauty and the glamour [of the '50s and '60sl, there were also really amazing things happening in the world," Glazer says.



Kerry Washington/ HANDOUT

"I love my shows that have stethoscopes in them," says Rhimes, who also created Private Practice. "This is just a different story. My shows are not necessarily medical shows or political shows. They're shows about strong, smart women and flawed, interesting people."

Scandal: April 5. Cityty

The plot: Kerry Washington stars as a Washington, D.C., "fixer," the head of a crisis-management firm who can resolve any conflict - except those in her personal

Smells like: Grey's Anatomy in the capitol

Grey's Anatomy creator Shonda Rhimes strips her trademark female lead of scrubs and transports her to D.C.



Kiefer Sutherland stars in Touch/ HANDOUT

Touch: March 22, Global

The plot: Kiefer Sutherland plays Martin, a widower struggling to provide for his emotionally challenged mute son, Jake, who has the ability to see patterns that connect everything in the world.

Smells like: Heroes meets Crash

Tim Kring, the mastermind behind Heroes. is the creator of Touch."In terms of Jake's character being like a character on Heroes." Kring says, "we probably had some characters that had various abilities that would be kind of in that [same] category...'

Frozen Planet: March 18, Discovery

The plot: This documentary from the team behind Planet Earth uses its incredible filmmaking technology to capture an unprecedented glimpse of life at Earth's polar regions.

Smells like: Planet Earth on ice.

"We were really motiv ated as a team to go and create this kind of ultimate portrait of the polar regions, because think everyone's aware that there's a lot of change going on," says Frozen Planet / HANDOUT



series producer Vanessa Berlowitz, referring to global warming. "In some ways, we feel that this series may be a last chance to see these great wildernesses on our planet before they change forever. I hope that's going to be the legacy of the series.

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metronews.ca Monday, March 5, 2012 **SCENE**



The newest Fringe: Are TV audiences ready to stay Awake?

Alternate dimensions.

A detective searching for the truth. But in Awake, there's "no sci-fi," insists star Jason Isaacs, best known for his role in Harry Potter.



Jason Isaacs, best known for his portrayal of the Harry Pot-ter villain Lucius Malfov, may have hung up his broomstick, but fantasy remains at the forefront of his latest project.

The psychological drama Awake is not a by-the-books Law & Order redux, that's for sure. In the show, Isaacs plays detective Michael Britten, who is involved in a deadly car accident with his wife and son - except, he's not sure if it was his wife or son who perished in the crash.

unique coping mechanism that has convinced him he is living two realities. In one, his wife is alive, but his son is not. He falls asleep, wakes up, and lives the second reality: His son is alive, but his wife is not. The cycle alternates every day.

"In many ways I took the part because I wanted to see what Episode 2 was before anybody else read it," Isaacs jokes. But intrigue did play a major part in Isaacs' decision

to join the show. "It's just one of those incredibly simple yet powerful premises about your imagination: what if your dreams were so real that you didn't know you were dreaming?" he ponders. The idea that Det. Michael

Britten is living two lives brings into question whether or not he really is just dreaming. "There's no sci-fi," Isaacs insists. "He doesn't fly. Both worlds are equally and completely real - to him. But only one of them does exist."

On tour. Kool & the Gang offer a Celebration to last through the years

Kool & the Gang are opening for Van Halen? This unlikely lineup sounds like the biggest tour on the planet . circa 1982. But make no mistake, this is a double-bill that is hardly past its prime, as many of the shows on the tour are sold out.

Founding member Robert "Kool" Bell says that a group known for dancing the night away works well with a group known for jungle boogying.

How did this whole tour come about?

We've known [Van Halen singer David Lee Roth] for a year. What happened was that he saw us performing at the Glastonbury show last August and we had about 60,000 people in front of our stage ... he saw us there and said, "I want you guys to open

And had you crossed paths before? Both bands were on in the 1980s.

Well, that's one of the things that he brought to my attention. They were hot in the '80s, with Jump and some of their big records. They were the rock party band, and we were the pop-funk party

Though the '80s were big, you guys aren't really de-fined by those years.

Kool & the Gang have been playing since '64, and we've been dealing with changes every decade. But we've been blessed to make it through the '60s, the '70s, the '80s, the '90s and now the new millennium.
PAT HEALY/METRO BOSTON



Rap superstar. Tyga on top of his game with hip-hop's hottest label

A new album and a national tour should have an artist feeling on top of the world.

But when you're a mem-ber of Young Money — home of Lil Wayne, Nicki Minaj and Drake — no one could blame you if you were a bit nervous.

Yet rapper Tyga seems to be at ease with his position at what is arguably hip-hop's hottest label.

Since his 2008 debut album, No Introduction, a string of mix tapes has maintained the buzz. His collaboration with Chris Brown on Fan of a Fan gave birth to Deuces, which netted a Gram-

Tyga's newest project, sophomore album Careless World: Rise Of The Last King, released last week, is on track



to crack 70,000 in first-week sales - not bad, considering an uncleared sample kept physical copies out of stores.

It's an album that steps up his game while claiming a more diverse sound.





Rihanna says she's not dating Chris Brown, and being single sucks

Despite rumours that she and Chris Brown have been reuniting, Rihanna insists that she's not dating anyone - and it's driving her crazy.

"I am a single lady. This is not something I enjoy. Single life is so overrated," she tells Jonathan Ross during an interview for his U.K. talk show.

"You always want to be single when you are in a relationship, but trust me it is no bueno." METRO

Rihanna reacts to rumours

"I am a single lady. This is not something I enjoy. Single life is so overrated."



Zac Efron talks about his embarrassing moment on the red carpet

Zac Efron came clean about a condom falling out of his pocket on The Lorax red carpet when pressed by the Today show's Matt Lauer on the topic.

"I never had a pocketchecking policy prior to going onto the red carpet before. But now we fully instated one," Efron joked.

The topic of conversation caused both men to blush and giggle, with Efron teasing Lauer back, "It was really hard for you to say" before agreeing that the import-ance of being safe is "a great







Arnold and Maria caught | From actress to addict: playing happy family

Despite separating last year, Maria Shriver appears to be looking to reconcile with Arnold Schwarzenegger, according to the New York

Post. "Arnold and Maria are having marriage counselling to work through their issues to get back together,"

a source says. "Maria is a devout Catholic and doesn't believe in divorce, but is still struggling with the humiliation she

endured by him."

It was revealed last year that Schwarzenegger had fathered a 13-year-old child with a housekeeper, prompting Shriver to dump him.

Other sources have said the counselling rumours aren't true, but Schwarzenegger and Shriver were spotted having lunch together before doing some furniture shopping in Santa Monica, Calif., last week.

Nick Cannon scales back his activities after a few health scares

Nick Cannon is opening up about his recent trips to the emergency room.

"It's a lot of stuff, but it's all in order now," Cannon tells People magazine.

"They kind of say [my] autoimmune [disease] is – like a lupus type of thing, but no one else in my family

Cannon was first hospitalized for "mild kidney failure" in January, and then again a few weeks later because of a blood clot in his lungs

"The blood clot thing was probably the scariest because i've known people who have passed away from that," Can-

His doctors' advice? Quit some of his numerous jobs - like his gig hosting a New York radio show, which he recently gave up. "I'm just trying to make sure I put my health first," he says. METRO



Can Lindsay really maké a coméback?



Do you remember Lindsay Lohan when she was a talented child actress, before the puffy face and handcuffs?

Ŵe're struggling. The 25-year-old is now better known as an addict than as an actress, but has the combination of jail time, therapy

ame at a young age

Like other troubled former child stars (see: Drew Barrymore, Corey Haim, Corey Feldman. Britney Spears, to name just a few), Lindsay's unusual upbringing may have contributed to her current problems.

Lost childhoods. "Child stars often become 'adult children' with highly stressful responsibilities. As young adults they sometimes attempt to re-capture their lost childhoods by acting out and behaving in selfdestructive ways, which may be one of the reasons Lindsay has been so troubled," explains Gaba.

and community service at a morgue finally made her come to her senses?

Psychotherapist Sherry Gaba has doubts over Lohan's sobriety. "When a person is sober, they usually know their sobriety date without question. She did not give it in her most recent interview, so I am not so sure that she is," says Gaba of last week's chat with Matt Lauer for The Today Show. On the other hand,

Lohan's career seems to be back on track and she's being tipped for the coveted role of Elizabeth Taylor in the upcoming Elizabeth and Richard: A Love Story, provided she behaves.

"Getting and staying sober is a one day at a time program," says Gaba.

Lindsay will need to continue to stay close to a recovery program that will need to include 12-step meetings, a sponsor, and possibly psychotherapy to deal with the underlying issues that have lead to her numerous relapses.

Gaba believes there is no guarantee that Lohan will stay clean forever. "Only if she is willing to make her recovery her number one priority will she have an excellent chance of living a fulfilling and sober life." ROMINA MCGUINNESS WROTE

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Monday, March 5, 2012

FAMILY 15



When funny kid videos may be fake

YouTube. Every week, a new video appears online with a child doing something wacky or unique. But are they staged?



On YouTube, you'll find many adorable videos of kids singing Twinkle Twinkle Little Star, but one of them, titled Girl Singing With Her Mouth Closed funny hidden talent, has suddenly scored more than 420,000 views—and a number of negative comments.

"Wait, was that real?" asked one — as in, is it possible to sing with one's mouth closed?

mouth closed?

"Fake," said another. "Fake but funny."

"It's real!" said one more.

Thirty-one pages of debate followed. Mary Napoli understands the uploader's

She posted a video called Family Home Destroyed By Avalanche — Children To Blame, which reportedly



showed her two sons blanketing her home in a fivepound bag of flour while she was in the bathroom.

Although the video was supposed to be for friends and family, it ended up getting almost four million views on YouTube — and plenty of negative responses from people who claimed it was a fake.

Her family even appeared on the Today Show on NBC to debate the authenticity of the video.

"I had people pinpointing, 'Oh she has flour on her pants,' and freeze framing the whole thing," she said to Metro.



"Honestly, it was almost mostly negative feedback," Naopli added. "I had huge emotional problems over it. I was just doing it for family. I definitely have tougher skin for it."

She still maintains it is authentic.

Ronnie Eaker

Dr. Bonnie Eaker Weil, a New York City psychotherapist and author of Make Up, Don't Break Up, said that parents may be harming their children by falsifying a clip, especially if that child becomes an online celebrity.

"You can be teaching a child that lying and fabricating is OK," she said. "They



can grow up and become narcissistic and learn how to manipulate. It also makes them feel that the only way to be loved is to get attention in these ways," Weil explained.

Bashar Akhtar is another parent accused of fabrication. His son and daughter became stars after their video — of his son Faris' shocked face after he found out that Darth Vader was Luke's father — received more than 3 million views.

"Nasty comments were posted," he said, but maintains the video is true, and can prove it. "I don't think Faris or Shazia are that good Negative comments

'That boy is ugly!'

Parents, be careful what you post, and what your kids read about themselves.

Negative comments, especially those about appearance, can have adverse affects on children who may not understand the difference between reading comments online and real-world critique.

"Three million people are judging you. People can be mean and sadistic." said Naopli.

tic," said Naopli.

"What you want to
do as a parent is talk
about the bullying that
happens on YouTube,"
she said. "YouTube (comments) are another form
of a reality show.

This is another chance to tell children that (these comments) are not the real world, this is not reality."

actors!" he protests. "He loves Star Wars — and keeps trying to Jedi Mind trick his sister."



Laundry evolution

New Tide

It took eight years, 450 product sketches, 6,000 customer tests and hundreds of million of dollars for Procter & Gamble to create something that it hopes will not be destroyed in the wash.

Tide Pods are palm-size, liquid detergent-filled tablets that are designed to be tossed in the washer to take that measuring cups — and messiness — out of laundry. The company says they'll hit stores next month.



100th Anniversary

Girl Scouts

A century has passed and millins of Americans have taken the Girl Scout promise, sold Samoas and Thin Mints by the truckload and gone on to careers from CEOs to astronauts. As they celebrate their 100th anniversary, the Girl Scouts boast a record of progressiveness.

metre

16 WORK/EDUCATION metronews.ca Monday March 5, 2012

He's thinking outside of the box, and his colleagues couldn't be happier

Recession to redemption. Robert Meggy is finding a wealth of happiness in building a friendly, familial workforce



TURNING POINT Teresa Kruze life@metronews.ca

Robert Meggy is an accountant by profession but as a

businessman he knows how to weather an economic downturn. In 1982, Meggy bought the Great Little Box Company in Vancouver just before the recession took the knees out of the economy. His sales numbers plummeted overnight.

"It was like someone had turned off the tap. During the day I'd be operating the machines and answering the phone and at night I'd write up the orders when we had them. It was an ugly time and I lost 15 pounds."

Labour of love

"When you run an open book employees care more. Enjoy the people you work with because it makes a huge difference." Robert Meggy

Meggy weathered the storm (and other recessions to follow) and today his company employs 250 people and is on target to make \$40 million in 2012. Meggy credits his success with assembling the right team.

"I run it like a group of friends and I walk around the plant every week and talk to as many as I can. We set yearly goals and measure progress every month. When you run an open book employees care more. Enjoy the people you work with because it makes a huge difference."

From this accountant, that is advice you can take to the bank.



Budding business builders take heed!

Robert Meggy offers his advice to aspiring entrepreneurs:

- People are your number one asset. We conduct seven to eight interviews for each person we employ. You will make or lose \$50,000 to \$100,000 depending on who you hire.
- Encourage feedback from your employees. One thing employees really want is recognition and appreciation. We encourage one-on-one meetings with supervisors.
- Measure everything. Track the number of sales and cold calls. We measure machine speeds and how many pieces are made per hour. It all translates into efficiency and success.
- Set yearly goals and measure them every month. Have you ever met a golfer who doesn't keep score? It's
 no different for a company. If you measure and track everything you'll care more and have more interest in
 your company.
- Protect your cash. Cash is king and only the lack of it can take down a company. Protect your cash and have a backup.





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Making snack time even more impressive just got easier



Spiced Avocado Wontons. These crispy bite-sized eats will make great appetizers for any entertaining occasion

Place olive oil in skil-Place olive oil ili skir-let over medium high heat. Add onions and cook,

stirring often, until softened, about 4 mins. Add cumin, salt, chili powder, cayenne and cinnamon. Stir to com-

pers and cook for another minute, breaking up bigger pieces of meat with a wooden spoon. Remove from heat.

bine and let cook for 1 min.

Sprinkle lime juice over avocado and add to meat mixture. Stir gently to combine.

Place equal amounts of meat mixture in the centre of each wonton wrapper, about 5 ml (1 tsp) each.

4Dip fingers in water and moisten edges of won ton. Fold wonton over to form a triangle, pressing edges to seal. Repeat with remaining wrappers and meat mixture.

Place 5 cm (2 inches) of oil 5 Place 5 cm (2 inches) of only in a medium saucepan. Place saucepan over medium heat. Working in batches, carefully put 5 or 6 wontons in oil and cook until golden about 40 seconds. Turn and cook another 30 to 40 seconds. If wontons get brown too quickly, lower heat a

Remove wontons from 6 Kemove Wontons from colors with a slotted spoon. et drain on paper towels before serving the dipping sauce.

Place avocado, sour /cream, lime juice and

Phone: 780 462-3806 www.stclement.ecsd.net

zest in the work bowl of a food processor and blend until very smooth. THE CAN-ADIAN PRESS/ HASS AVOCADO BOARD

- 15 ml (1 tbsp) olive oil
- 125 ml (1/2 cup) diced onion
- 1 ml (1/4 tsp) ground cumin
- 2 ml (1/2 tsp) salt • 2 ml (1/2 tsp) chipotle chili
- 0.5 ml (1/8 tsp) each cayenne
- pepper and ground cinnamon
- 250 g (1/2 lb) ground beef • 160 ml (2/3 cup) finely diced
- red bell pepper • 15 ml (1 tbsp) lime juice
- 1 ripe fresh avocado, peeled.
- seeded and finely diced • 50 count package wonton
- wrappers 50 ml (1/4 cup) water
- **Dipping Sauce**
- 2 ripe, fresh avocados,
- peeled and seeded
- 250 ml (1 cup) low fat sour
- 30 ml (2 tbsp) lime juice (or to taste)
- zest from 2 limes, optional

Choose it and lose it



options for those craving something warm on a cold day. Watch for what's in the soup before you

Wonton soup

452 calories/ 17 g fat

The chicken broth is fine but the pork dumplings count in the fat and calories of this commor Chinese soup



Equivalent

10 oz. pork tenderloin in calories Jus one bowl of Wonton soup will cost you a lot in calories



Egg drop soup

182 calories/ 9.5 g fat

Even if two eggs are used in this soup, that would only account for 150 calories and about 8 gm







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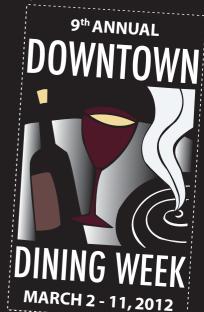
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TOO GOOD TO BE TRUE?

IT PROBABLY IS. **KEEP ONLINE** FRAUDSTERS OUT **OF YOUR HOME** BY BEING AWARE

Who hasn't received an email from someone in a foreign country who says they need your help - and your bank account number - in order to get a huge inheritance out of the country?

Of course, it's a scam, warns Staff Sgt. Paul Proulx, manager of the Canadian Anti-Fraud Centre in North Bay, Ont

March is Crime and Fraud Prevention Month, and the theme this year is online fraud.

"Computers are in over 80 per cent of homes today," says Proulx. "But computers can bring fraudsters into your home, too."

Online scams come in the form of pop-up boxes, legitimate-looking advertisements and emails sent directly to your inbox.

According to the Canadian Anti-Fraud Centre and the British Columbia Crime Prevention Association some of the most popular online fraud pitches being used today include:

- Sales of a service or merchandise by a third party.
- "You've Won a Big Prize."
- Emergency. Often targeted at grandparent, someone emails (or calls) pretending to be a grandchild in need of quick money.



- · Anti-Virus Scam. Someone claiming to be from Microsoft, for example, advises that there is a virus problem on your computer and offers to fix it but you will have to provide remote access.
- Free loans ... once you fill out credit applications and pay a fee.
- · Gold buying schemes to sell, trade or receive (unfair) returns for gold and iewelry.
- · Anti-social network. Criminals collect information from social networks such as Twitter and Facebook.
- Penny auctions. Deals where you must set up an account and purchase bids with a credit or debit card.

The more you are aware of what to look for, says Carolyn Sinclair, executive director of the British Columbia Crime Prevention Association, Surrey, B.C., the more you will recognize scams and exit the page, say "no thanks," or just delete.

Always be suspicious, says Sinclair. If you don't recognize the sender, don't

PROMISING ADS

Have you seen information online or in newspapers promising visas and employment in Canada — for a price?

These ads are not likely legitimate. In fact, you don't have to hire an immigration representative to apply for a visa or for Canadian citizenship. Contact cic.gc.ca for both advice and for visa application forms.

open the email. If you are going to engage in any transaction, validate it first.

"If it's too good to be true, it proba-

Also, be sure your computer has the most recent spam filters, anti-virus and anti-spyware software and a secure firewall

If you do become a victim of fraud, report it to the police or if it involves money being removed from a bank account, report it to your bank.

McMaster University research shows that only about five per cent of fraud victims actually report the crime.

Says Proulx: "In 2011, we're seeing that Canadians 60 to 69 years old were most victimized, but the highest dollar loss occurred in the 50-59-year-old

- Ylva Van Buuren



DON'T GET CHEATED BY A **IGRATION**

Immigration fraud is a serious offense, and the Government of Canada is cracking down. If you use a consultant to help you with the immigration process, it's your responsibility to make sure they're honest. Find out how to protect yourself, and how to immigrate to Canada the right way.

immigration.gc.ca/antifraud

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WE ALL PAY THE PRICE

YOU CAN REDUCE INSURANCE FRAUD BY BEING VIGILANT

When someone cheats, everyone pays.

When you buy insurance for your home, car or business, you put your money into a pool with many others to help the few who suffer financial hardship because of tragedy, such as fire or a car crash.

But what happens when criminals or cheaters take more than their share? Or even fake the whole event? We are all forced to pay more. It isn't fair — but it's a reality.

The Insurance Bureau of Canada (IBC), in partnership with member insurers, works to investigate and identify suspected fraudsters. Just this year, the leader of a crime ring who staged a dozen collisions and defrauded insurance companies of approximately \$1.5 million pleaded guilty in a Toronto

A collaborative effort between IBC, insurance companies, police and dedicated prosecutors connected the dots. allegedly linking body shops, towing



companies and medical and rehabilitation clinics operating this scam.

While organized crime gets the press, many other forms of insurance fraud occur on a smaller scale, but still add up to millions of dollars. Because insurance is paying during these schemes, shady medical facilities often bill for services never provided to a collision victim, or a contractor might pad a repair estimate for property damage. The person making the claim may not even recognize that he or she is part of a scam. But they are.

And then there is the smallest — and most pervasive — insurance crime of

IT'S A CRIME TO:

- Make a claim for items not stolen or for items of higher value than those stolen
- Include pre-collision damage in a
- Exaggerate injuries to collect benefits.
- Make a claim for an event that never happened.
- Offer or accept "free" treatment for an injury unrelated to a collision.
- Charge an insurer for treatments that never happened.
- Encourage anyone to participate in insurance fraud.

all. Your neighbour's garage gets broken into and he starts bemoaning the loss of his high-end tools, although you could have sworn the drill you borrowed was the cheapest on the market. Lying on an insurance claim may not seem as bad as staging a collision or over billing, but it's all insurance fraud. And it costs everyone money.

You can reduce fraud by being vigilant and willing to speak up. If you are in a collision, be aware that everyone involved may not be above board. And if you suspect fraud, call IBC's tip line (it's anonymous). After all, fraudsters are stealing from the same pool that contains your hard-earned cash.

Insurance fraud costs everyoneincluding you

Report it anonymously, toll-free, 24/7

1-877-422-8477

or submit a confidential tip online at www.ibc.ca



metr⊕ **GOING GREEN**

Slapping a filter on bottled water

Brita launches tap water campaign.

Aiming to cut down on environmental impact caused by millions of empty plastic bottles



For millions of Canadians. drinking water comes down to this: filtered at home; bottles on the road.

bottled But water has become a significant environmental concern. Untold millions of empty plastic bottles overwhelm municipal recycling efforts — or simply end up in

In 2009, the Federation of Canadian Municipalities called on its member towns and cities to ban the sale of bottled water on all municipal property. But that hasn't dampened the overwhelming success of the bottled-water industry. Demand is huge and the volume of discarded containers continues to grow.

To counter this, the biggest name in home water filtering has produced a reusable water bottle — with a filter. "One Brita Bottle can ef-

fectively

about 256 servings.

The Brita Bottle sells for around \$10, holds 20 ounces of water, and filters as you drink. Replacement filters cost \$7.99 for a two-pack.

"It was rolled out in July, 2011, and we've been happy with the success we've been having," Kioussis

And Brita Bottles are fully recyclable, containing no BPAs or other dangerous chemicals.

"We can take the benefit of what we've been giving consumers in their home, and now let them take it on the go," she says.

Reaction from

is being well-received across Canada.

It's far from the first time the company has taken action against bottled water.

"In 2008, we launched the FilterForGood campaign, to encourage Canadians to drink tap water as opposed

Statistics Canada's most recent estimate of litres of bottled water consumed by the average Canadian in a year. That represents sales worth \$652.7-million.



director of marketing for Clorox Canada the parent company of Brita. "It's a great

alternative to bottled water. It lasts roughly months:

cross the country in grocery and hardware stores, and it's relatively affordable

Buying one bottle instead of 300 has to be good for the waldustry has been muted - to the point of virtual nonexistence. Consumers have occasionally complained that the Brita Bottle can be leaky or sometimes awkward to drink from, but the product

to bottled water, and educate Canadians on the impact of bottled-water waste. And since then, thousands of Canadians have taken the online pledge to reduce their bottled-water waste.

Brita has also sponsored concerts, and the famous Sundance Film Festival, removing bottled water completely from popular, well-attended, high-profile events.







MAYFIELD 10220-170 ST.



Queen of Green

Brew from a can or brew from a bottle?

What's better for the environment—beer in cans, or bottles? Dave of Halifax



Locally made beer in a glass bottle is better.

If your favourite beer is made in a land far, far away, choose cans. But two other options exist: 1) a draft at a local pub (maybe at a Green Drinks event?) or, 2) a local and organic brew.

According to the federal government, the brewing industry maintains a good environmental record. But what does that mean?

Thanks to provincial bottle return deposit systems, minimal quantities of packaging end up in municipal landfills. The national average for recycled glass bottles is 97 per cent and they're reused 15 to 20 times. Aluminum can recovery rates are lower, about 80 per cent.

Apparently our Canadian



marketplace is characterized by high bottle usage due to consumer preference, environmental regulations and industry systems to facilitate re-use. Some provinces even impose a levy or a deposit on non-reusable containers (i.e., cans) to deter their use.

But cans are lighter, right? Yes. And that means transportation emissions are lower. Most cans contain about 40 per cent recycled aluminum, which is also good news. Recycled aluminum requires 95 per cent less energy and produces 95 per cent less greenhouse

gas emissions than manufacturing new aluminum.

Another point for glass is that canned beverages beer, pop, infant formula, — leach bisphenol-A (BPA) from their protective metal linings. BPA is a humanmade chemical linked to breast and prostate cancer, and many more health concerns

Finally, keep your eyes peeled for certified organic beers. Sustainability runs deep with many companies that compost, use rain barrels and even power their operations with renewable energy. Always recycle bottles and cans.

DeRozan leads Raps to win over Warriors

NBA. Raptors get some payback against team that embarrassed them in last meeting, despite slow start

DeMar DeRozan had 25 points and the Toronto Raptors blanketed high-scoring Golden State en route to an 83-75 win over the Warriors on Sunday night.

Leandro Barbosa added 18 points in a reserve role for the Raptors (12-25), who limited Golden State to 36.3 per cent shooting for just their fifth win in the last 16 games. It was the first meeting between the teams since the Warriors pulverized Toronto, scoring 84 first-half points in a 138-100 laugher in California last March

in California last March.
Golden State wasn't laughing this time; the runand-gun Warriors (14-20) were held to one fast-break point and turned the ball over 14 times, leading to 18 Toronto points.

David Lee had 22 points and 12 rebounds to lead the Warriors, who fell to 2-3 on a six-game road trip that wraps up Monday night in Washington.

Golden State broke out to a nine-point halftime lead but hit just two of its first 12 shots to open the third quarter, allowing the Raptors to climb to within six.

A Lee jumper ended the drought but Toronto continued to chip away at the deficit, a DeRozan layup making it a 56-54 game with three minutes left.

Barbosa's floating jumper in the lane evened the score in the final minute, and a Sunday's game

83

75

RAPTOR

WARRIOR

turnover on the Warriors' next possession led to a 2-on-1 that DeRozan finished off with an alley-oop dunk of a Jerryd Bayless feed as Toronto led 60-58 entering the fourth.

A Barbosa three-pointer

A Barbosa three-pointer stretched the advantage to five early in the final quarter, and he found Amir Johnson with a nifty pass for an uncontested dunk near the halfway point of the frame to give Toronto a 73-66 edge. Golden State closed to within four on an Ellis layup, but Barbosa followed with a three from the left corner and the Raptors held on from there.

Both teams were frigid to start, combining to miss 17 of their first 23 shots in the opening half of the first quarter.

A Dorell Wright threepointer put the Warriors up 14-10, and Lee added a driving two-handed dunk in the closing moments of the period as Golden State enjoyed a 20-18 advantage after one.

Klay Thompson connected from long range near the three-minute mark of the quarter to extend the Warriors' lead to six, and a Lee 17-foot jumper with 30 seconds left completed a 6-of-7 first-half shooting performance for the star forward as the Warriors went into the break ahead 47-38.

Curling championships

Alberta joins Nova Scotia with a perfect record

Alberta's Kevin Koe joined Nova Scotia with three wins at the Canadian men's curling championship Sunday.

Koe thumped Quebec's Robert Desjardins 9-2 to finish the day 3-0.

Nova Scotia's Jamie Murphy beat B.C.'s Jim Cotter 5-3 earlier for a third straight victory. Meanwhile, Ontario's

Glenn Howard earned a 6-5 extra-end win against Brad Gushue of Newfoundland and Labrador.

Spring training

Bedard struggles against Blue Jays

Erik Bedard struggled with his control Sunday in a rough spring training debut with the Pittsburgh

Pirates.
The left-hander from
Ottawa gave up two runs
in two innings in an 8-5
loss against the Toronto
Blue Jays.
Bedard hit the first

Bedard hit the first batter he faced, gave up a double to Travis Snider, walked two and struck out one.

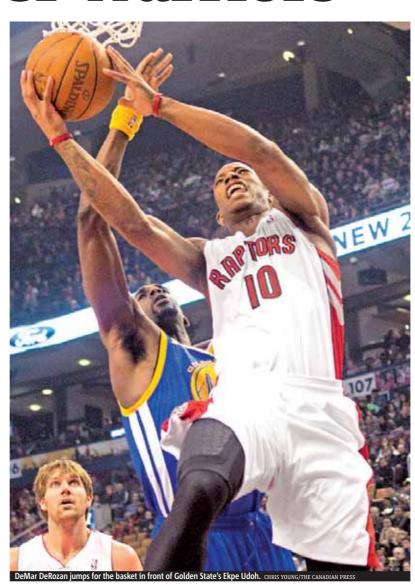
Snider was 2-for-4 with 3 RBIs for the Jays. Blue Jays left-hander Aaron Laffey had a 1-2-3 first inning. THE ASSOCIATED PRESS

Football

NFL to continue investigating bounties

The NFL plans to keep looking at plays from recent seasons after a league investigation found the New Orleans Saints paid bounties to players for knocking opponents out of games.

League spokesman
Greg Aiello said in an
email to The Associated
Press on Sunday the NFL
will be "addressing the
issues raised as part of our
responsibility to protect
player safety and the
integrity of the game."
THE ASSOCIATED PRESS



World Cup slalom. First win in over forty years

No one saw it coming. Not even Erin Mielzynski, who delivered the race of her life Sunday to give Canada its first World Cup slalom victory in more than four decades.

"It's a little slice of heaven right now," said Mielzynski. "Right now I don't want the day to end. It's surreal."

The 21-year-old from Guelph, Ont., had never placed higher than 13th on the World Cup circuit but used a strong second run to deliver a breakthrough performance.

In the process, she became the first Canadian woman to win a World Cup slalom race Winning time

1:53:59

Mielzynski's two-run total was one minute 53.59 seconds. Resi Stiegler of the United States finished second.

since Betsy Clifford in 1971.

"Today my goal was just to ski like I do in training," said Mielzynski. "I was a little nervous to do that because it's a little different than the way I race. I think that made the difference. I kind of let go of everything else and it was just me and the course." THE CANADIAN PRESS



NATIONAL HOCKEY LEAGUE

EASTERN CONFERENC	EAS	TERN	CONF	ERENC	Έ
-------------------	-----	------	------	-------	---

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-NY Rangers	64	42	15	2	5	179	133	91	22-7-0-2	20-8-2-3	6-2-1-1	W1
d-Boston	64	38	23	1	2	209	150	79	19-12-1-1	19-11-0-1	4-5-0-1	L2
d-Florida	65	31	22	5	7	163	184	74	16-9-1-7	15-13-4-0	4-5-0-1	W1
Pittsburgh	64	38	21	2	3	207	167	81	20-8-2-0	18-13-0-3	8-2-0-0	W5
Philadelphia	64	36	21	2	5	210	191	79	15-10-1-4	21-11-1-1	5-5-0-0	W2
New Jersey	65	36	24	2	3	180	175	77	16-12-0-3	20-12-2-0	5-4-1-0	L1
Ottawa	67	34	25	6	2	202	198	76	17-13-2-1	17-12-4-1	6-3-1-0	L2
Winnipeg	66	31	27	4	4	173	186	70	20-10-1-3	11-17-3-1	5-3-1-1	W1
Washington	65	32	28	2	3	172	184	69	21-10-0-2	11-18-2-1	4-6-0-0	L2
Tampa Bay	65	31	28	3	3	184	219	68	20-9-1-1	11-19-2-2	7-3-0-0	W4
Buffalo	65	30	27	4	4	162	183	68	16-11-3-4	14-16-1-0	6-2-1-1	W3
Toronto	65	30	28	4	3	194	201	67	16-12-3-2	14-16-1-1	2-7-1-0	W1
NY Islanders	66	28	29	6	3	154	190	65	15-14-5-0	13-15-2-2	4-5-1-0	W2
Carolina	65	24	27	8	6	171	197	62	17-13-1-5	7-14-7-1	4-2-2-2	L2
Montreal	66	25	31	2	8	170	184	60	12-15-2-6	13-16-0-2	2-7-0-1	L1
WESTERNISON			-									

WESTERN CONFERENCE

	GP	w	L	OIL	SL	GF	GA	Pts	Home	Away	Last 10	Stri
d-Vancouver	66	41	17	1	7	209	161	90	19-7-0-4	22-10-1-2	6-2-1-1	LI
d-St. Louis	66	41	18	1	6	169	131	89	26-4-1-3	15-14-0-3	7-3-0-0	W1
d-Phoenix	65	33	23	3	6	170	165	75	17-12-2-2	16-11-1-4	7-2-0-1	L2
Detroit	66	43	20	1	2	209	153	89	27-4-1-1	16-16-0-1	6-3-0-1	L1
Nashville	65	38	20	3	4	184	166	83	21-7-2-3	17-13-1-1	6-2-0-2	W1
Chicago	67	36	24	4	3	202	195	79	22-7-1-3	14-17-3-0	7-3-0-0	W3
Dallas	66	35	26	1	4	174	178	75	18-12-0-3	17-14-1-1	7-1-1-1	W2
San Jose	64	33	24	4	3	179	163	73	19-11-2-0	14-13-2-3	2-7-1-0	L2
Los Angeles	65	30	23	5	7	142	139	72	17-13-0-4	13-10-5-3	4-4-1-1	W2
Colorado	67	34	29	3	1	171	180	72	18-15-0-1	16-14-3-0	6-4-0-0	W1
Calgary	66	29	25	5	7	159	181	70	16-9-1-4	13-15-4-3	3-2-2-3	L2
Anaheim	66	28	28	4	6	166	186	66	17-14-2-0	11-14-2-6	5-4-0-1	L1
Minnesota	66	28	28	2	8	143	180	66	15-12-1-3	13-16-1-5	3-5-0-2	L4
Edmonton	64	25	33	2	4	170	192	56	16-13-2-2	9-20-0-2	4-5-1-0	L2
Columbus	65	20	38	2	5	153	214	47	11-18-1-2	9-20-1-3	4-5-1-0	W2
d - division leaders r	anke	d 1-2	-3 re	gard	less	of poi	nts; a	a tean	n winning i	n overtime	or shoot	ut is

credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) colu

Yesterday's results

Florida 4 Ottawa 2 Dallas 3 Calgary 2 (SO) N.Y. Rangers 4 Boston 3 N.Y. Islanders 1 New Jersey 0 Chicago 2 Detroit 1 Philadelphia 1 Washington 0 Colorado 2 Minnesota 0

Saturday's results

Toronto 3 Montreal 1 Buffalo 5 Vancouver 3 Columbus 5 Phoenix 2 Los Angeles 4 Anaheim 2 Nashville 3 Florida 1 N.Y. Islanders 3 Boston 2 Pittsburgh 5 Colorado 1 St. Louis 3 San Jose 1 Tampa Bay 4 Carolina 3 (OT)

Tonight's games (All times Eastern)

Phoenix at Pittsburgh, 7 p.m. Buffalo at Winnipeg, 8 p.m. Edmonton at Anaheim, 10 p.m.

Tomorrow's games Roston at Toronto, 7 n m N.Y. Rangers at New Jersey, 7 p.m Detroit at Philadelphia, 7 p.m. Carolina at Washington, 7 p.m. Phoenix at Columbus, 7 p.m. Ottawa at Tampa Bay, 7:30 n m Chicago at St. Louis, 8 p.m. Los Angeles at Nashville, 8 p.m. Minnesota at Colorado, 9 p.m Montreal at Calgary, 9 p.m. Dallas at Vancouver, 10 n m Edmonton at San Jose, 10:30 p.m.

PANTHERS 4, SENATORS 2

First Period

First Period

1. Ottawa, Cowen 5 (Turris) 13:23

2. Ottawa, Neil 11 (O'Brien) 18:32

Penalty — Bergenheim Fla (tripping) 9:27.

Second Period

3. Florida, Goc 7 (Weaver, Kopecky) 0:33

4. Florida, Papels 2 (Silia, Manuso) 254

Florida, Papels 2 (Silia, Manuso) 254 4. Florida, Barch 2 (Skille, Weaver) 2:54

Florida, Samuelsson 9 (Weiss, Campbell) 11:03 (pp) Penalties — Neil Ott (double high-sticking)

10:03, Spezza Ott (interference) 19:43 5. Florida, Skille 4 (Matthias) 18:34

0. Finited, Skille 4 (Watchies) 16.54
Penalties — Karlsson Ott (tripping) 11:00,
Karlsson Ott (slashing) 14:06, Garrison Fla
(interference) 14:43.
Shots on goal by

Ottawa 12 8 5 2 Florida 9 14 5 2 Goal — Ottawa: Lehner (L,3-2-0); Florida: Theodore (W,18-12-6). Power plays (goals-chances) — Ottawa: 0-2;

Att. — 15,811 (17,040) at Sunrise, Fla.

STARS 3, FLAMES 2 (SO)

First Period

First Period No Scoring. Penalties — Fiddler Dal (goaltender interfer-ence) 9:51, Souray Dal, Jackman Cal (un-sportsmanlike conduct) 10:13, Ott Dal, Glen-cross Cal (fighting) 11:46, Robidas Dal (delay

 Calgary, Glencross 22 (Moss, Bouwmeester) 2. Dallas, Eriksson 22 (Ott, Lehtonen) 14:59

Dallas, Ryder 28 (Eriksson, Ribeiro) 18:26

Penalties - Fistric Dal (interference) 13:19. Calgary bench (too many men; served by Jackan) 17·47

4. Calgary, Iginla 25 (Cammalleri, Tanguay)

8:00

Penalty — Moss Cal (goaltender interference)

Overtime No Scoring

SPORTS

Penalty — Cammalleri Cal (hooking) 2:11. Shootout

Dallas wins 2-0

Dallas (2) — Benn, goal; Eriksson, goal.
Calgary (0) — Jokinen, miss; Tanguay, miss.

Shots on goal by
Dallas 9 15 12 4–40
Calgary 13 10 13 4–38

Goal — Dallas: Lehtonen (W.26-15-4): Calgary: Kiprusoff (L,28-19-8). Power plays (goals chances) — Dallas: 1-3; Calgary: 0-3. Attendance — 19,289 (19,289)

SATURDAY

MAPLE LEAFS 3, CANADIENS 1

First Period
1. Montreal, Cole 23 (Desharnais, Pacioretty)

nalties — Brown Tor, Staubitz Mtl (fighting) Penalties — Br 10:23. Second Period

2. Toronto, Frattin 6 (Kessel) 6:30 Penalties — Schenn Tor (tripping) 15:43, Leblanc Mtl (holding) 19:40. Third Period

3. Toronto, Grabovski 19 (McArthur) 11:45 A. Toronto, Grabovski 20 (Frattin) 19:07 (pp)

Penalties – Pacioretty Mtl (goaltender interference) 7:20, Cole Mtl (interference) 19:01,

Connolly Tor (slashing, roughing), Subban Mtl

Shots on goal by

13 12 17 7 10 5 42 22 Goal — Toronto: Gustafsson (W,17-13-2); Montreal: Price (L,23-25-9).

Power plays (goals-chances) — Toronto: 1-3;

Att. — 21,273 (21,273) at Montreal.

SABRES 5, CANUCKS 3

First Period
1. Buffalo, Leino 5 (Kaleta, Gerbe) 0:55
2. Buffalo, Leino 6 (Kaleta, Myers) 3:44
3. Buffalo, Boyes 5 (Tropp) 5:10

Penalty — Rome Vcr (illegal check to the head) 13:39

Second Period 4. Vancouver, Booth 12 (Burrows, Bieksa)

nalties — Kaleta Buf (goaltender interfer Pendides — Nafeta but (goditenuer internet-ence) 7:34, Vancouver bench (too many men; served by Kassian) 8:51, Ennis Buf (high-stick-ing) 9:30, Sulzer Buf (high-sticking) 13:37, Kesler Vcr (holding) 18:00, Ehrhoff Buf (trip-

ping) 19:11. Third Period

5. Buffalo, Ehrhoff 5 (Boves, Ellis) 2:36 6. Vancouver, Booth 13 (Kassian) 3:43 7. Vancouver, Kassian 4 (Kesler, Hamhuis)

. Buffalo, Ennis 7 (Stafford, Sekera) 18:57

Shots on goal by

Buffalo 11 6 8
Vancouver 12 13 10
Vancouver Buffalo: Miller (W,22-17-5); Vancouver. Lungo (7-4), Schneider (1,14-6-1)(5-10) first, 17-16.
Power plays (goals-chances) — Buffalo: 0-2; Vancouver. Lungo (7-4), Schneider (1,14-6-1)(5-10) first, 17-16.

Vancouver: 0-4. Att. — 18,860 (18,860) at Vancouver.

GOLF

HONDA CLASSIC

At Palm Beach Gardens, Fla. Par 70

66-67-66-69-268
68-64-69-69-270
71-68-69-62-270
70-69-70-63-272
66-66-71-70-273
71-66-67-69-273
69-72-67-66-274
66-67-71-70-274
73-64-69-69-275
66-71-69-69-275
70-69-67-69-275
67-68-68-73-276
68-69-68-71-276
73-61-69-73-276
71-70-68-67—276
70-71-67-69—277
70-69-69-69—277
66-69-66-77-278
71-65-70-72-278
68-66-74-70-278
69-71-71-68-279
70-68-70-71—279
72-69-67-71-279
64-72-71-72-279
70-69-70-70-279
67-71-71-71—280
68-67-72-73-280
70-69-75-66-280
66-71-72-71-280

Gary Christian, \$34,628 TENNIS

DUBAI CHAMPIONSHIPS

At Dubai, United Arab Emirates

Singles—Championship Roger Federer (2), Switzerland, def. Andy Murray (3), Britain, 7-5, 6-4.

Doubles

Mahesh Bhupathi and Rohan Bopanna (4), India, def. Mariusz Fyrstenberg and Marcin Matkowski (3), Poland, 6-4, 3-6, 10-5 (tiebreak).

WTA BMW MALAYSIAN OPEN

At Kuala Lumpur, Malaysia Singles — Semifinals Petra Martic (5), Croatia, def. Jelena Jankovic (2), Serbia, 6-7 (5), 7-5, 7-6 (5).

Championship

Hsieh Su-wei, Taiwan, def. Petra Martic (5), Croatia, 2-6, 7-5, 4-1, retired.

Double

Chan Hao-ching, Taiwan, and Rija Fujiwara (3), Japan, def. Karolina and Kristyna Pliskova, Czech Republic, 5-7, 6-2, 11-9. Championship Chang Kai-chen and Chuang Chia-jung, Taiwan, def. Chan Hao-ching, Taiwan, and Rija Fu jiwara (3), Japan, 7-5, 6-4

ATP WORLD TOUR DELRAY **BEACH INTERNATIONAL**

At Delray Beach, Fla.

Singles

Championship

Kevin Anderson (7), South Africa, def. Marinko Matosevic, Australia, 6-4, 7-6 (2). Doubles

Colin Fleming and Ross Hutchins (3), Britain, def. Michal Mertinak, Slovakia, and Andre Sa. Brazil, 2-6, 7-6 (5), 15-13 tiebreak.

LACROSSE

NLL

LASI DIVI	310	ıv					
	GP	W	L Pct.	GF	GA	GB	
Toronto	8	4	4 .500	94	96	_	
Philadelphia	8	4	4 .500		100	_	
Rochester	9		5 .444			1/2	
Buffalo	7	2	5 .286	83	92	$1^{1/2}$	
WEST DIV	ISIO	M					

*****		-				
	GP	W	L Pct.	GF	GA	GB
Colorado	8	7	1.875	109	107	_
Calgary	8	5	3 .625	106	90	2
Minnesota	8	5	3 .625	103	92	2
Edmonton	6	2	4 .333	64	61	4
Washington	8	2	6.250	79	100	5
Week Nine						
Catuaday Da						

Saturday Results Minnesota 15 Calgary 11 Washington 14 Toronto 9 Colorado 16 Buffalo 13 Rochester 11 Philadelphia 8

WEEK 10 Friday, Mar. 9 Philadelphia at Toronto, 7:30 p.m. Calgary at Edmonton, 9 p.m.

Saturday, Mar. 10 Boston at Rochester, 1:05 p.m. Edmonton at Calgary, 9 p.m Washington at Colorado, 9 p.m. Sunday, Mar. 11 Colorado at Washington, 8 p.m.

SOCCER

FNGI AND

73-67-67-74-281

DREMIER LEAGUE

Newcastle 1 Sunderland 1

Fulham 5 Wolverhampton Wanderers 0 Tottenham 1 Manchester United 3

LEAGUE CHAMPIONSHIP Cardiff 0 West Ham 2

FRANCE

LIGUE 1

Caen 0 Brest 0 Paris Saint-Germain 4 Ajaccio 1 Lorient 0 Rennes 2

GERMANY

RUNDESLIGA

Nuremberg 1 Borussia Moenchengladbach 0 Hoffenheim 1 Cologne 1

ITALY

SERIE A

Parma 1 Napoli 2 Fiorentina 2 Cesena 0 Lecce 2 Genoa 2 Roma 1 Lazio 2 Siena 3 Cagliari 0 Udinese 0 Atalanta 0 Bologna 1 Novara 0 Inter Milan 2 Catania 2

NETHERLANDS

Vitesse Arnhem 2 De Graafschap 0 Aiax 4 Roda JC 1 FC Utrecht 0 NEC Nijmegen 0 Fevenoord 1 FC Groningen 0 PSV Eindhoven 2 FC Twente 6

SPAIN

LA LIGA Zaragoza 2 Villarreal 1

Athletic Bilbao 2 Real Sociedad 0 Granada O Valencia 1 Real Madrid 5 Espanyol 0

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
d-Chicago	31	8	.795	_
d-Miami	28	9	.757	2
Indiana	23	12	.657	6
d-Philadelphia	22	16	.579	81/2
Orlando	24	14	.632	61/2
Atlanta	22	15	.595	8
Boston	19	17	.528	101/2
New York	18	19	.486	12
Milwaukee	14	23	.378	16
Cleveland	13	22	.371	16
Toronto	12	25	.324	18
Detroit	12	26	.316	181/2
New Jersey	12	26	.316	181/2
Washington	8	28	.222	211/2
Charlotte	4	31	.114	25

TTESTERNI COL				
	W	L	Pct	GB
d-Oklahoma City	29	8	.784	_
d-San Antonio	25	12	.676	4
d-L.A. Clippers	22	13	.629	6
L.A. Lakers	23	14	.622	6
Memphis	22	15	.595	7
Dallas	22	16	.579	71/2
Houston	21	17	.553	81/2
Denver	21	17	.553	81/2
Minnesota	19	19	.500	10 ¹ / ₂
Portland	18	19	.486	11
Utah	17	19	.472	111/2
Phoenix	17	20	.459	12
Golden State	14	20	.412	131/2
Sacramento	12	25	.324	17
New Orleans	9	28	.243	20
d — division leaders r	anked	in top	four po	sitions

Yesterday's results

L.A. Lakers 93, Miami 83 New Jersey 104, Charlotte 101 Toronto 83, Golden State 75 Phoenix 96, Sacramento 88 Denver 99, San Antonio 94

Atlanta 97, Oklahoma City 90 Orlando 114, Milwaukee 98 Washington 101, Cleveland 98 Indiana 102, New Orleans 84 Memphis 100, Detroit 83

Minnesota 122, Portland 110

(All times Eastern) Utah at Cleveland, 7 p.m.

Indiana at Chicago, 8 p.m. Dallas at Oklahoma City, 8 n m.

Sacramento at Denver, 9 p.m. New Orleans at Portland, 10 p.m.

New Jersey at Miami, 7:30 p.m. New York at Dallas, 8:30 p.m.

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Alloys, loaded, 1 owner, nice ride!



2011 GMC Yukon SLE

Loaded

The Credit King

Charlotte

WESTERN CONFERENCE

regardless of record.

Boston 115, New York 111, OT L.A. Clippers 105, Houston 103, OT Chicago 96, Philadelphia 91

Saturday's results

Dallas 102, Utah 96

Tonight's games

Orlando at Toronto, 7 p.m. Golden State at Washington, 7 p.m. L.A. Clippers at Minnesota, 8 p.m. Philadelphia at Milwaukee, 8 p.m.

Tomorrow's games Orlando at Charlotte, 7 p.m. Atlanta at Indiana, 7 n m Houston at Boston, 7:30 p.m. L.A. Lakers at Detroit, 7:30 p.m.

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metronews.ca Monday, March 5, 2012

PLAY

My Devishly Handsome

- Superhero I'm really glad you flew back into my life. I'm less damsel in distress and more WonderWoman this time around, no? I'm busy not making plans and living for the day, and each day seems to get better, especially with you in it. I don't know what tomorrow will bring, Superheros aren't clairvoyant....but I know that today was brilliant. That's good enough for me. From The Best Girlfriend in the World
- tori prince michelle time your away from home and Monday is a big day for me to see you again after two months. From jose
- babes requesting an email message from you. please. would like to chat and hear your voice. I would email you but am skeptical. From your babes.

2 4 5 8 8 9 7 7 2 8 9 2 6 3 4 7 3 1 9 1 2 9 3 6 1 7 5 4

How to play Fill in the grid, so that every

row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

5	7	3	2	1	9	8	4	6
6	9	2	8	4	3	5	1	7
†	8	4	6	5	7	2	9	1
2	1	6	9	8	4	3	7	8
7	3	9	5	2	1	4	6	8
4	5	8	3	7	8	1	2	1
3	2	7	4	6	5	9	8	i
9	4	1	7	3	8	6	5	2
8	8	5	1	9	2	7	3	4

MICHELE MCDOUGALL WEATHER SPECIALIST

s". WEEKDAYS 5:30 AM

Across

- 1 Gets a glimpse of
- 5 Tree fluid
- 8 One of the Three Bears

12

15

18

24

35

42 43

49

52

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25

26

- 12 "Gone With the Wind" plantation
- 13 Actress Carrere
- 14 Letter jumble (Abbr.)
- 15 "Yeah, right!"
- 16 Dig 18 Soothe
- 20 On an angle
- 21 Tiers
- 23 Homer's interjection 24 Rough calculation
- 28 Outlet
- 31 "Humbug!" 32 "Top Chef" network
- 34 Cattle call?
- 35 Biorn of tennis lore
- 37 Weaken
- 39 Anger 41 Leg joint
- 42 Party souvenirs
- 45 Standard 49 Move to another
- country
- 51 Crimson Tide, for short
- 52 -a-ling
- 53 Auto fuel
- 54 From the beginning 55 Nervous
- 56 Tummy muscles
- 57 Camera part

Down

- 1 Impale 2 Facility
- 3 Rocker Clapton
- 4 Jungle expedition 5 Good glasses
- 6 en-Provence, France
- 7 Treaty
- 8 "Conditioned reflex" doctor
- 9 Curse
- 10 Cracker spread
- 11 Elderly
- 17 Help
- 19 Bausch's partner

22 Reeked 24 Recede

- 25 Paulo, Brazil 26 Prosperous
- 27 Uniformity 29 "To be or -
- 30 Sock part
- 33 Sandwich cookie 36 Needing more sleep,
- maybe
- 38 Oral
- 40 Make a mistake 42 Big party
- 43 In the thick of
- 44 Long story
- 46 Horse's neck hair
- 47 Prayer ending
- 48 Legislations
- 50 Bill

13

16

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ALD THUD GEAD

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T Aries | March 21 - April

20. Make an effort to be nice to people this week and they will make an even bigger effort to be

nice to you.

Taurus | April 21 - May 21. Venus moves into your birth sign today, bringing both love and luck

with it. II Gemini | May 22 - June

20. You can and you must banish all thoughts of failure from your mind today and throughout the

week ahead.

Cancer | June 21 - July 22. You may get a bit emotional today. You may also find yourself saying

words that would normally get

stuck in your throat.

Leo | July 23 - Aug. 22. You won't be in the mood to try too hard today but that's OK because the people you live and work with will be happy to do things for you.

W Virgo | Aug. 23 - Sept.

22. You seem to be moving on a higher mental and emotional level

No matter how badly you have fallen out with a friend or family member you can still patch things

– but you've got to act now. M Scorpio | Oct. 23 - Nov. 21. You are at one with the world and the world is at one with you.

⁷ Sagittarius | Nov. 22 -

Dec. 21. If life isn't moving exactly how you want it to move then you

cannot be trying hard enough. Capricorn | Dec. 22 - Jan

20. Attitude is everything and your attitude is just perfect today. Aquarius | Jan. 21 - Feb

18. If your head tells you one thing and your heart tells you another it is your head you must

H Pisces | Feb. 19 - March 20. You know that what you are doing

is right. You know that you are on the right track. **SALLY BROMPTON**



*

"Just dashing through the snow."

CHARLES KRUPA/THE ASSOCIATED PRESS



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